

PERFORMANCE

Processor

Intel® Core™ Ultra 5 125U, 12C (2P + 8E + 2LPE) / 14T, Max Turbo up to 4.3GHz, 12MB

AI PC Category

AI PC

NPU

Integrated Intel® AI Boost, up to 11 TOPS

Graphics

Integrated Intel® Graphics

Chipset

Intel® SoC Platform

Memory

1x 16GB SO-DIMM DDR5-5600

Memory Slots

Two DDR5 SO-DIMM slots, dual-channel capable

Max Memory^[1]

Up to 64GB DDR5-5600

Storage

512GB SSD M.2 2242 PCIe® 4.0x4 NVMe®

Storage Support

Up to two drives, 2x M.2 SSD
• M.2 2280 SSD up to 2TB

Storage Slot

Two M.2 2280 PCIe® 4.0 x4 slots

Card Reader

SD Card Reader

Optical

None

Audio Chip

High Definition (HD) Audio, Realtek® ALC3287 codec

Speakers

Stereo speakers, 2W x2, Dolby Audio™

Camera

FHD 1080p + IR Hybrid with Privacy Shutter

Microphone

2x, Array

Battery

Integrated 45Wh

Power Adapter

65W USB-C® (3-pin)

Special Features

Modern Standby

DESIGN

Display^[2]

14" WUXGA (1920x1200) IPS 300nits Anti-glare, 45% NTSC, 60Hz

Touchscreen

None

Keyboard

Backlit, Spanish

Touchpad

Buttonless Mylar® surface multi-touch touchpad, supports Precision TouchPad (PTP), 75 x 120 mm (2.95 x 4.72 inches)

Case Color

Arctic Grey

Surface Treatment

Anodizing Sandblasting

Case Material

Aluminium (Top), Aluminium (Bottom)

Pen

Pen Not Supported

Dimensions (WxDxH)^[3]

313.5 x 224 x 16.9 mm (12.34 x 8.82 x 0.67 inches)

Weight^[4]

Starting at 1.38 kg (3.04 lbs)

SOFTWARE

Operating System

Windows® 11 Pro, Spanish

Bundled Software

Office Trial

CONNECTIVITY

Ethernet

100/1000M (RJ-45)

WLAN + Bluetooth^[5]

Wi-Fi® 6E, 802.11ax 2x2 + BT5.3

WWAN

Non-WWAN

Standard Ports

- 1x HDMI® 2.1, up to 4K/60Hz
- 1x Headphone / microphone combo jack (3.5mm)
- 1x Ethernet (RJ-45)
- 1x SD card reader
- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1)
- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On
- 1x USB-C® (USB 10Gbps / USB 3.2 Gen 2), with USB PD 3.0 and DisplayPort™ 1.4
- 1x USB-C® (Thunderbolt™ 4 / USB4® 40Gbps), with USB PD 3.0 and DisplayPort™ 2.1

Docking

Various docking solutions supported via Thunderbolt™ or USB-C®.

For more compatible docking solutions, please visit [Docking for ThinkBook 14 G7 IML](#)

SECURITY & PRIVACY

Security Chip

Firmware TPM 2.0 Enabled

Fingerprint Reader

Touch Style, Match-on-Chip, Integrated in Power Button

Physical Locks

Kensington® Nano Security Slot™, 2.5 x 6 mm

Other Security

- IR camera for Windows® Hello (facial recognition)
- Camera privacy shutter

MANAGEABILITY

System Management

Non-vPro®

SERVICE

Base Warranty

1-year, Courier or Carry-in

Included Upgrade

None

ACCESSORIES

Bundled Accessories^[6]

None

CERTIFICATIONS

Green Certifications

- ENERGY STAR® 8.0
- EPEAT™ Gold Registered
- ErP Lot 6/26
- RoHS compliant
- TCO Certified 9.0

Other Certifications

TÜV Rheinland® Low Blue Light (Software Solution)

Mil-Spec Test

MIL-STD-810H military test passed

MODEL

TopSeller	: Yes	Announce Date	: 2024-02-18
EAN / UPC / JAN	: 197531832900	End of Support	: 2030-09-26

Note:

[1] Maximum memory is only to test technical readiness of notebook. Available memory to sell would vary.

[2] IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.

[3] The system dimensions may vary depending on configurations.

[4] The system weight is approximate and based on results in.....

· Lenovo reserves the right to change specifications without notice.

To see more note information, please link to <https://psref.lenovo.com/Detail/2421?M=21MR0046SP>